

## **NeuroACT – terms of use**

### **Annual fee**

For continuous use of the method in a clinic or equivalent, an annual license fee of USD 490 is added, which is paid annually unless otherwise specified. The fee covers NeuroACT group treatment or individual treatment sessions based on the NeuroACT material. The fee is intended to ensure the continued development and maintenance of the NeuroACT program and the digital platform.

### **License**

The clinic or equivalent using the method pays the license fee, unless otherwise specified. The license is thus not linked to an individual therapist. Several therapists at a clinic can therefore use the same license. In addition, the license allows using the method in the format that suits the clinic or the equivalent best.

### **Included in the license**

The license includes a digital platform that provides the complete NeuroACT treatment manual, including all working material.

Included in the license are:

- The complete NeuroACT treatment manual including updates
- A digital platform for 24/7 access to the material
- Adapted written work material (info sheets, worksheets, homework sheets, illustrated metaphors, PowerPoint presentations)
- Adapted audio-delivered mindfulness and acceptance exercises
- Videos clarifying ACT techniques
- Scientific articles, presentations, and lecture material on the method
- Interview templates for the inclusion of participants
- Reliable and valid rating instruments for evaluation
- NeuroACT certificate
- Technical support
- Expert consultation whenever needed

### **Exception**

Individual clinicians, such as therapists with their own small private clinic and others who intend to use the training and material only to orientate their professional work, are excluded from paying the license fee.